	Duration	Minimum Sessions Required	Cost per week
Rising Stars	1.25 hours	1 – 3 sessions	\$19.50 x 1 per week or \$26.50 x 2 per week \$27.50 x 3 per week
State Development Squad	1 hour	3+ sessions	\$27.50 x 1 per week \$24.75 per week (Trinity College family)
State Squad	1.5 – 2 hours	4 – 6 sessions	\$30.50 per week \$27.45 per week (Trinity College family)
National Development Squad	1.5 - 2 hours	5-7 sessions	\$32.00 per week \$28.80 per week (Trinity College family)
National Squad	1.5 - 2 hours	7-9 sessions	\$32.00 per week \$28.80 per week (Trinity College family)